# **Ouachita National Forest** Arkansas - Oklahoma Winding Stair Equestrian Trails







Hiking Equestrian

Trail Highlights: The Winding Stair Equestrian Trails begin at the Cedar Lake Equestrian Camp.

The trails form a network of loops with different lengths so riders can plan their rides according to their experience and desires.

Trails climb over mountains, meander along creeks, and travel through different forest types.

## **Other Opportunities:**

- The Cedar Lake Equestrian Camp was built specifically for people bringing their horses. It is an ideal place to begin a day's ride. Day riders can park at the Equestrian Camp or at various trail junctions along the roads.
- At Cedar Lake Recreation Area there is an 86-acre lake where people can swim at two beaches and fish.
- The **Talimena Scenic Drive** that travels the crest of Winding Stair Mountain is just 15 miles away.

#### **For More Information Contact:**

US Forest Service Choctaw Unit—Oklahoma Ranger District 52175 US Hwy. 59 Hodgen, OK 74939 (Ten miles south of Heavener on Hwy 59/270) (918) 653-2991

**Length:** Total of 77 miles; loops enable the rider to plan short or long rides.

**Directions:** From U.S. Highway 270/59, 3 miles west onto Holson Valley Road. Follow signs to Cedar Lake Recreation Area.

**Trail Information:** The trails are marked with yellow blazes on the trees and many junctions have maps to show where you are.

Site Amenities: The trails wind through the Ouachita Mountains that are forested with tall pines and beautiful hardwoods.

Safety: Always tell someone where you plan to go and take a flashlight when riding in the afternoon in case you don't get back before dark.

**Difficulty Level:** Trails vary from easy to most difficult.

**Recommended Seasons:** Autumn through spring.

### **SOUTHERN REGION** NATIONAL FORESTS

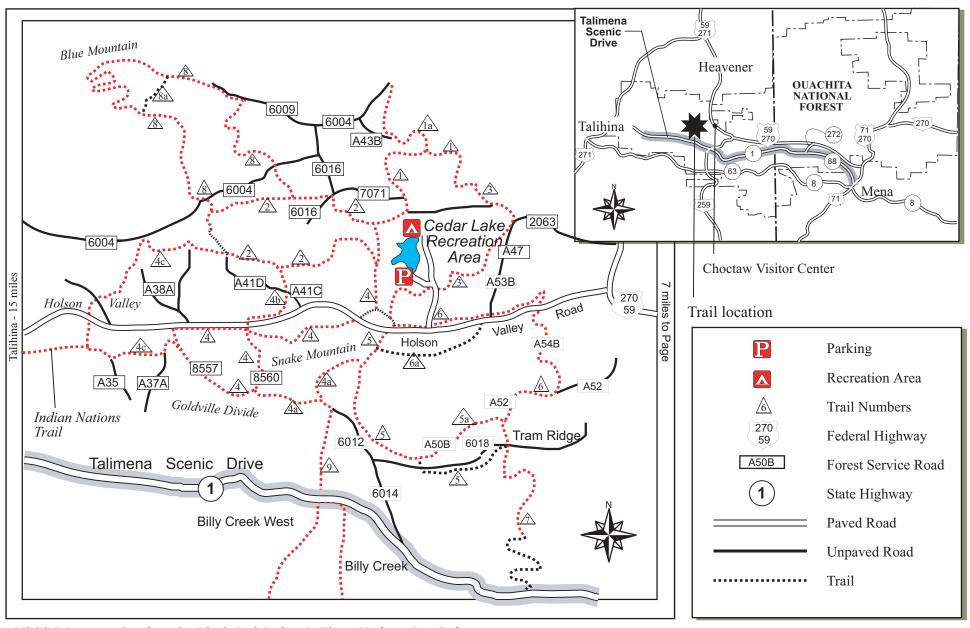
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USGS 7.5 minute Quadrangle: Black Jack Ridge, LeFlore, Hodgen, Big Cedar